



Leadership Training

Week 7: What Kind of Leader are You?



Objectives for this class

- Understanding your own leadership strengths
- To grow as a leader on this team
- Build your toolbox of leadership skills



Last Week's Homework

What are three new things you will try to do when you are in a position of leadership

A Brief Review

- Week 1: What is a Leader?
- Week 2: Being a Role Model
- Week 3: Communication
- Week 4: Goal setting
- Week 5: Decision making/problem solving
- Week 6: Facilitating meetings and events

1. Think back to the qualities that make a good leader (see if they know them)
Accountability, empathy, confidence, transparency, goal-oriented
2. Who remembers the difference between a leader and a role model?
3. Why is listening critical to good communication?
4. What is a SMART goal? What does SMART stand for?
5. What are some good techniques for problem solving? What are your favorite ones?
6. What are some things you can do to make sure that meetings run smoothly

Form link to fill out as we go

This form is mandatory to fill out to receive credit for this class!

<https://forms.gle/csPXLATpNFymp1ZN6>

1. What are your strengths as a leader?
2. Where are your areas for growth?
3. What can you do to make sure you're successful? Specific steps to take next. (SMART goals)



Discussion Questions

What are Your Strengths as a Leader? What are Your Areas for Growth?

- ◇ Public Speaking
- ◇ Poise
- ◇ Being Organized
- ◇ Delegation
- ◇ Empathetic
- ◇ Critical Thinking
- ◇ Time Management
- ◇ Accountability
- ◇ Vision Setting
- ◇ Motivates Others
- ◇ Digital Communication
- ◇ Good Under Pressure

Come up with at least 3 for each

Theses are all pretty general, pick some very specific ones

Being a people person

Teaching others

What can you do to make sure you're Successful?

Specific
Measurable
Attainable
Realistic
Time Bound



3 very specific SMART goals for themselves as a leader

Maybe like talk to a mentor to get some advice

Juju and I should come up with some of our own

Vanessa- Get to know everyone's name on the team and get to know everyone well



Any Questions?

No frc connections, just use what you have learned here at FRC
how can we improve the way our team runs with respect to leadership
What topics would be good to go into again/in more depth?



To do

Just finish the form from today