



Leadership Training

Week 3: Communication



Objectives for this class

- Understanding your own leadership strengths
- To grow as a leader on this team
- Build your toolbox of leadership skills

EVERYONE'S CAMERA SHOULD BE ON



Topics for the Future Classes

- Week 4: Goal setting
- Week 5: Decision making/problem solving
- Week 6: Facilitating meetings and events
- Week 7: What kind of leader are you?



Last Week's Homework

Pick some kids to share their answers (we pick the kids ahead of time based on their answers to the hw)



What is Communication

The exchange of information so that everyone understands.

What are some different ways to Communicate?

- ◇ By Email
- ◇ In Slack
- ◇ Over Text
- ◇ In Person
 - ◇ Formal Presentation
 - ◇ Informal Conversation
- ◇ Group Meetings
- ◇ Attentive
- ◇ Slang
- ◇ Emojis
- ◇ Humor
- ◇ Actively Listening
- ◇ Body Language
- ◇ Tone

Know your audience



Discussion Questions

How does Listening Create Good Communication?

- ◇ If you don't understand, you can ask for help
- ◇ Communication goes two ways
- ◇ Establishes respectfulness
- ◇ Prevents miscommunication and inefficiency

How does Empathy tie into Leadership?



Empathy vs sympathy
VERY IMPORTANT

When/How to Delegate Tasks

- ◇ If you feel overwhelmed
 - ◇ Don't overextend yourself
 - ◇ Teach before you do
 - ◇ Take advantage of team member's strengths
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- ◇ Clearly communicate expectations
 - ◇ Make sure they understand what they are asking
 - ◇ Step back and let them figure it out
 - ◇ Periodic check-ins

Start small with the tasks

Don't overstep if you delegate something

Ask them to play it back

Check in to make sure they are on track

Ask them what situations they struggled to delegate

FRC Connections

- ◇ Communicating with younger students/FLL
- ◇ How to coach and train younger students
- ◇ Talking to judges and answering their questions
- ◇ Team leads communicating within the sub-team and with other team leads and captains



Our Special Speaker, Dave!

How has communication helped you at FRC competitions?

How much of your job is communication?

What are some of your communication pet peeves?



Any Questions?

ITS OKAY TO ASK FOR HELP

If the kids don't want to talk, we will make them

To do for next week

Reflection Questions

<https://forms.gle/AtNydQh9rLXWE1HW8>

Explain what our team does to different audiences

A peer who has never heard of frc

Young kid

A sponsor